



Dear Colleague

## ADDITIONAL PHARMACEUTICAL SERVICES GLUTEN FREE FOOD PRESCRIBABLE PRODUCT LIST

### Summary

1. This Circular advises that the Gluten Free Food Prescribable Product List to be used in conjunction with the community pharmacy Gluten Free Food Service (GFFS) has been updated.

### Background

2. Circular PCA(P)(2013)29, published on 28 November 2013, announced the introduction of the new Gluten Free Food Service in community pharmacies on a trial basis. In September 2015, Circular PCA(P)(2015)24 advised that following a review of the trial period, the service was to continue as an Additional Pharmaceutical Service.

3. Only products which are listed in the Gluten Free Food Prescribable Product List and on the formulary established by the NHS Board concerned may be provided under this service.

### Detail

4. The Gluten Free Prescribable Product List has been updated to take account of withdrawn or discontinued lines. The list is consistent with products included in Part 16 of the Scottish Drug Tariff. The updated list is attached as an Annex to this Circular.

5. Community Pharmacy Scotland has been consulted on the contents on this Circular.

20 March 2019

### Addresses

For action  
Chief Executives, NHS Boards

For information  
Chief Executive, NHS NSS  
Directors of Pharmacy, NHS  
Boards

### Enquiries to:

Elaine Muirhead  
Pharmacy & Medicines Division  
1<sup>st</sup> Floor East Rear  
St Andrew's House  
EDINBURGH  
EH1 3DG  
Tel: 0131 244 3433  
Email:  
[elaine.muirhead@scotland.gsi.gov.uk](mailto:elaine.muirhead@scotland.gsi.gov.uk)

[www.scotland.gov.uk](http://www.scotland.gov.uk)

## Action

6. NHS Boards are to :

- share this circular with their community pharmacy contractors and local dietitian services.
- review their formularies for the GFFS and update them as necessary.
- ensure NHS Inform content at <https://www.nhsinform.scot/care-support-and-rights/nhs-services/pharmacy/gluten-free-food-service#food-lists-and-allowances> is up-to-date with respect to links to local GFFS formularies. Any updates should be sent to the NHS Inform web content team at email: [contentteam@nhs24.scot.nhs.uk](mailto:contentteam@nhs24.scot.nhs.uk)

7. Community pharmacy contractors are to ensure that any products provided under the GFFS are included in the revised list and their Board's own formulary.

Yours sincerely



**Rose Marie Parr**  
Chief Pharmaceutical Officer/  
Deputy Director Pharmacy & Medicines Division

## Gluten Free Food Prescribable Product List

### March 2019

This guideline is updated annually. Every effort is made to ensure its accuracy for both products and delivery costs. However, some products may not be included as they may not have been available in time for the update. Available online:

[www.show.scot.nhs.uk/publications/](http://www.show.scot.nhs.uk/publications/)

### What products to prescribe and at what quantity

**ACBS indications for gluten free foods: established gluten-sensitive enteropathies including steatorrhoea due to gluten sensitivity, coeliac disease and dermatitis herpetiformis.**

There is useful guidance on the Coeliac UK website.

[Coeliac UK Prescribing Guidelines September 2013](#)

Age and sex	Number of units/month
Child 1-3 years	10
Child 4-6 years	11
Child 7-10 years	13
Child 11-14 years	15
Child 15-18 years	18
Male 19-59 years	18
Male 60-74 years	16
Male 75+ years	14
Female 19-74 years	14
Female 75+ years	12
Breastfeeding	Add 4
3 <sup>rd</sup> trimester pregnancy	Add 1

Below is the number of units represented by the prescribable gluten free food item.

Prescribable food item	No. of units
<400g bread	½
400-599g bread	1
600g + bread	1 ½
500g bread mix or flour mix	2
150-250g rolls/baguettes	½
251-400g rolls/ baguettes	1
<199g savoury biscuits/crackers	½
200g + savoury biscuits/crackers	1
250g pasta	1
251-499g pasta	1 ½
500g+	2
2 x 110g -180g pizza bases	1
100-170g xanthan gum	1
500g oats or 300g cereal	1 ½

In line with Coeliac UK guidance 2013, Sweet biscuits should only be considered in exceptional circumstances on clinical advice.

Prescribable food item	No. of units
<199g sweet biscuits	½
200g+ sweet biscuits	1

## Gluten Free Prescribable Product List

Delivery dates to the Community Pharmacies for fresh products and delivery costs are correct as of March 2019. This list is intended as a reference document. While X Health Board endeavours to ensure that the information in this list is correct, X Health Board does not warrant the accuracy and completeness of the material in the list.

ITEM	CODE	NO OF UNITS
<b>BREAD &amp; ROLLS</b>		
<b>BARKAT</b>		
Brown Rice Bread Sliced 500g	(PIP Code: 244-0691)	1
Home Fresh Parbaked Baguettes 200g	(PIP Code: 327-9023)	½
Home Fresh Parbaked Country Loaf 250g	(PIP Code: 327-1186)	½
Multigrain Rice Bread Sliced 500g	(PIP Code: 291-2871)	1
Parbaked Baguette 200g	(PIP Code: 339-4970)	½
Parbaked White Sliced Bread 300g	(PIP Code: 339-4996)	½
White Rice Bread Sliced 500g	(PIP Code: 244-0709)	1
Wholemeal Bread Sliced 500g	(PIP Code: 339-4889)	1
Home Fresh Parbaked Rolls 260g	(PIP Code: 325-4679)	1
Parbaked Rolls 200g	(PIP Code: 339-4988)	½
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details.		
Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>ENER-G</b>		
Brown Rice Bread 474g	(PIP Code: 221-2470)	1
Rice Loaf 612g	(PIP Code: 233-5362)	1 ½
Seattle Brown Loaf Sliced 454g	(PIP Code: 288-1324)	1
Tapioca Sliced Bread 480g	(PIP Code: 233-5370)	1
White Rice Bread Sliced 456g	(PIP Code: 225-9455)	1
Dinner Rolls 280g	(PIP Code: 317-5502)	1
ENER-G products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details.		
Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>GENIUS – All Breads are Fresh</b>		
Brown Sandwich Bread Sliced 535g (x6)	(PIP Code 379-8550)	6
White Sandwich Bread Sliced 535g (x6)	(PIP Code 379-8568)	6
Brown Seeded Farmhouse Loaf Sliced 535g (x6)	(PIP Code 403-8345)	6
Delivery costs to pharmacies: Genius products are distributed by Alliance without any administrative or delivery charges. See contact details.		
The pharmacy needs to place orders as follows:		
<ul style="list-style-type: none"> <li>• Before 2.00 pm Mondays – for delivery on Thursdays</li> <li>• Before 2.00 pm Tuesdays – for delivery on Fridays</li> <li>• All day Wednesday or before 2.00 pm Thursdays – for delivery on Tuesdays</li> <li>• Friday, Saturdays and Sundays – for delivery on Wednesdays</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>GLUTAFIN</b>		
Baguettes 350g (2 x 175g)	(PIP Code: 224-0117)	1
Fibre Loaf Sliced 300g	(PIP Code: 237-7356)	½
White Loaf Sliced 300g	(PIP Code: 090-4268)	½
High Fibre Loaf Sliced 350g	(PIP Code: 401-4296)	½
Part Baked Fibre Rolls 200g (4 x 50g)	(PIP Code: 344-3652)	½
Part-Baked Long White Rolls 150g (2 x 75g)	(PIP Code: 344-3637)	½
Part-Baked White Rolls 200g (4 x 50g)	(PIP Code: 344-2753)	½
White Rolls 200g (4 x 50g)	(PIP Code: 344-3645)	½
Select Fibre Loaf Sliced 400g	(PIP Code: 054-6101)	1
Select White Loaf Sliced 400g	(PIP Code:054-6093)	1
Select Seeded Loaf Sliced 400g	(PIP Code: 308-9364)	1
Select Fresh Seeded Loaf Sliced 400g (x 8)	(PIP Code: 402-3685)	8
Select Fresh Brown Loaf Sliced 400g (x 8)	(PIP Code: 330-6800)	8
Select Fresh White Loaf Sliced 400g (x 8)	(PIP Code: 290-6840)	8
<p>Glutafin are Dr Schar products. See contact details.            Glutafin products are distributed by Alliance without any administrative or delivery charges.</p> <ul style="list-style-type: none"> <li>• Fresh Loaves are supplied in cases of 8</li> <li>• Delivery of fresh brown, seeded and white bread- place the order before 2pm on Friday for delivery the following Wednesday</li> <li>• Delivery of fresh white bread only - place the order before 10am on Tuesday to be delivered the following Friday</li> </ul>		
<b>JUST – All Breads are Fresh</b>		
Good White Bread 380g x 6	(PIP Code:845-3821)	3
White Sandwich Bread 600g x 6	(PIP Code:845-3813)	9
Good White Rolls 260g (4x 65g) x 6	(PIP Code: 845-3839)	6
<p>Delivery costs to pharmacies: Just products are delivered distributed by Alliance without any administrative or delivery charges. See contact details.</p> <ul style="list-style-type: none"> <li>• Fresh Loaves and Rolls are supplied in cases of 6</li> <li>• Delivery cost is included in the cost of each case</li> <li>• Minimum order is one case per delivery</li> <li>• Place order by 2pm on Monday for delivery on Thursday</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>JUVELA</b>		
Fibre Loaf Sliced 400g	(PIP Code: 074-8632)	1
Fibre Loaf Unsliced 400g	(PIP Code: 010-1675)	1
White Loaf Sliced 400g	(PIP Code: 074-8590)	1
White Loaf Unsliced 400g	(PIP Code: 031-4781)	1
Part-baked Fibre Loaf Unsliced 400g	(PIP Code: 273-6890)	1
Part-baked White Loaf Unsliced 400g	(PIP Code: 273-6882)	1
Fibre Bread Rolls (5 pack - each roll 85g) 425g	(PIP Code: 080-3668)	1
Fresh Baked Fibre Loaf Sliced 400g	(PIP Code: 339-9789)	1
Fresh Baked White Loaf Sliced 400g	(PIP Code: 322-0217)	1
Fresh White Rolls (5 pack – 5 x 85g) 425g	(PIP Code 355-8871)	1
Fresh Fibre Rolls (5 pack – 5 x 85g) 425g	(PIP Code 355-6800)	1
Part-baked Fibre Rolls (5 pack - each roll 75g) 375g	(PIP Code: 262-9020)	1
Part-baked White Rolls (5 pack - each roll 75g) 375g	(PIP Code: 243-7267)	1
White Bread Rolls (5 pack - each roll 85g) 425g	(PIP Code: 010-5916)	1
Mixed Case Fresh White (4 x 5 (85g) rolls + 4 loaves sliced (4 x 400g)	(PIP Code: 836-4259)	8
Mixed Case Fresh Fibre (4 x 5 (85g) rolls + 4 loaves sliced (4 x 400g)	(PIP Code: 836-4242)	8
Mixed Case Fresh Loaves (4 x 400g fibre loaves + 4 x 400g white loaves)	(PIP Code: 839-2821)	8
Mixed Case Fresh Rolls (4 x 5 (85g) fibre rolls + 4 x 5 (85g) white rolls)	(PIP Code: 839-2839)	8
Mixed Case Fresh Loaves and Rolls (4 x 5 (85g) fibre rolls + 4 x 400g white loaves)	(PIP Code: 839-2847)	8
Mixed Case Fresh Loaves and Rolls (4 x 5 (85g) white rolls + 4 x 400g fibre loaves)	(PIP Code: 839-2730)	8
<p>Delivery costs to pharmacies: Juvela products are distributed by Alliance without any administrative or delivery charges. See contact details. Both Fresh Loaves and Rolls are supplied in cases of 8. Mixed cases are also available. You can also order any combination of both fresh bread &amp; rolls i.e. 4 packs fresh fibre rolls &amp; 4 packs of fresh white loaves (use PIP code for individual product).</p> <p>All combinations of loaves and rolls are delivered to the pharmacy 4 times a week</p> <ul style="list-style-type: none"> <li>• Place order before 10am on Friday – delivered to the pharmacy by 5.30pm on Tuesday</li> <li>• Place order before 10am on Monday – delivered to the pharmacy by 5.30pm on Wednesday</li> <li>• Place order before 10am on Tuesday – delivered to the pharmacy by 5.30pm on Thursday</li> <li>• Place order before 10am on Wednesday – delivered to the pharmacy by 5.30pm on Friday</li> </ul>		
<b>LIFESTYLE HEALTHCARE</b>		
Brown Bread Sliced 400g x 6	(PIP Code: 087-6557)	6
High Fibre Sliced 400g x 6	(PIP Code: 229-4254)	6
White Bread Sliced 400g x6	(PIP Code: 087-6490)	6
High Fibre Rolls 400g (5 x 80g) x6	(PIP Code: 224-0125)	6
Brown Rolls 400g (5 x 80g) x 6	(PIP Code: 264-1322)	6
White Rolls 400g (5 x 80g) x 6	(PIP Code: 087-6706)	6
<p>Lifestyle Healthcare products are distributed by Alliance See contact details.</p> <p>Delivery costs to pharmacies: No handling charges apply. Ordered by 3pm Friday, produced on Sunday and delivered Tuesdays, order by 3pm Tuesday to be delivered on Thursdays.</p>		

ITEM	CODE	NO OF UNITS
<b>WARBURTONS – All Breads are Fresh</b>		
Brown Bread Sliced 400g (x4)	(PIP Code: 368-5278)	4
White Bread Sliced 400g (x4)	(PIP Code: 368-5260)	4
Brown Rolls 220g (3 rolls per pack) (x4)	(PIP Code: 368-5294)	2
White Rolls 220g (3 rolls per pack) (x4)	(PIP Code: 368-5286)	2
<p>Do not deliver directly.            Delivery costs to pharmacies: No handling or distribution costs apply if ordered through AAH or from Phoenix.            See contact details.</p> <ul style="list-style-type: none"> <li>• Both Fresh Loaves and Rolls are supplied in minimum cases of 4.</li> <li>• Products ordered by Thursday 12pm, are delivered to pharmacies on Mondays/Tuesdays.</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>HOME BAKING</b>		
<b>BARKAT</b>		
Bread Mix 500g	(PIP Code: 051-5338)	2
Flour Mix 500g	(PIP Code: 335-6672)	2
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>FINAX</b>		
Coarse Flour Mix 900g	(PIP Code:364-1024)	3 ½
Fibre Bread Mix 1000g	(PIP Code:359-4942)	4
Flour Mix 900g	(PIP Code:364-1032)	3 ½
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details. <ul style="list-style-type: none"> <li>• Drossa can accept orders for single packs/smaller quantities between 500g – 2699g for a delivery cost of £4.25</li> <li>• Drossa can supply mixed flour &amp; pasta products (from Bialimenta, Finax and Mum's Mill), with free delivery, with a minimum weight order of 2.7kg and above</li> <li>• Aim to send out orders the first working day following receipt via courier delivery</li> </ul>		
<b>GLUTAFIN</b>		
Bread Mix 500g	(PIP Code: 298-8418)	2
Fibre Bread Mix 500g	(PIP Code: 298-8426)	2
Multipurpose White Mix 500g	(PIP Code: 231-2981)	2
Multipurpose Fibre Mix 500g	(PIP Code: 231-2973)	2
Select Bread Mix 500g	(PIP Code: 274-4951)	2
Select Fibre Bread Mix 500g	(PIP Code: 297-9912)	2
Select Multipurpose Fibre Mix 500g	(PIP Code: 004-5591)	2
Select Multipurpose White Mix 500g	(PIP Code: 004-5187)	2
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>HERON FOODS</b>		
Bread & Cake Mix 500g	(PIP Code: 299-6437)	2
High Fibre Bread Mix 500g	(PIP Code: 299-6445)	2
Heron Foods are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		



ITEM	CODE	NO OF UNITS
<b>JUVELA</b>		
Fibre Mix 500g	(PIP Code: 023-6042)	2
Harvest Mix 500g	(PIP Code: 247-7875)	2
White Mix 500g	(PIP Code: 035-2161)	2
See contact details. Delivery costs to pharmacies: All products are routinely stocked.		
<ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		
<b>MUM'S MILL</b>		
Quick Bread Mix 1kg	(PIP Code:399-0116)	4
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details.		
<ul style="list-style-type: none"> <li>Drossa can accept orders for single packs/smaller quantities between 500g – 2699g for a delivery cost of £4.25</li> <li>Drossa can supply mixed flour &amp; pasta products (from Bialimenta, Finax and Mum's Mill), with free delivery, with a minimum weight order of 2.7kg and above</li> </ul>		
Aim to send out orders the first working day following receipt via courier delivery		
<b>ORGRAN</b>		
Pizza & Pastry Mix 375g	(PIP Code: 270-7735)	1 ½
Self Raising Flour 500g	(PIP Code: 273-4762)	2
Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>For order less than 2kg, delivery charge of £3.95</li> <li>For orders greater than 2kg, delivery charge of £6.95</li> <li>Online orders over £40 in value or phone orders over £75 in value are free of postage charges</li> <li>No minimum order</li> <li>Orders normally processed within 3 working days</li> <li>Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE &gt;1000g incurs a £13.75 delivery fee. Online orders to these postcodes, over £75 will receive a £6.95 reduction in postage costs</li> <li>Delivery costs dependant on individual wholesaler. Available from AAH, Alliance and Phoenix</li> </ul>		
<b>PURE</b>		
Bakery Blend 1kg	(PIP Code: 282-8580)	4
White Rice Flour 500g	(PIP Code: 325-7904)	2
Brown Rice Flour 500g	(PIP Code: 325-7912)	2
Potato Starch Flour 500g	(PIP Code: 325-7920)	2
Tapioca Starch Flour 500g	(PIP Code: 325-7946)	2
White Teff Flour 1kg	(PIP Code: 343-1483)	4
Brown Teff flour 1kg	(PIP Code: 343-1467)	4
Delivery costs to pharmacies: Pure products are distributed by AAH and Alliance without any administrative or delivery charges. See contact details.		
If ordered directly from the company the delivery charges are as follows:		
<ul style="list-style-type: none"> <li>Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52</li> <li>Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60</li> </ul>		
Orders over £30 will incur no delivery charges		
<b>TOBIA TEFF</b>		
Brown Teff Bread Mix 1kg	(PIP Code: 346-6729)	4
White Teff Bread Mix 1kg	(PIP Code: 346-6711)	4
Delivered directly from the company by courier- Hermes/UPS . See contact details.		
Delivery costs to pharmacies: 1-2kg £4.00, 2kg – 5kg £5.50, 6kg -30 kg £6.95		
Deliveries usually take 48 hours ( 2 days),		
Also available through Quantum Pharmaceuticals, Lexon, Alcura. Delivery/handling charges may vary		

ITEM	CODE	NO OF UNITS
TRITAMYL		
Self Raising Flour 2kg	(PIP Code: 228-0675)	8
White Bread Mix 2kg	(PIP Code: 228- 0667)	8
Brown Bread Mix 1kg	(PIP Code: 228-0659)	4
<p>Tritamyl products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details.</p> <p>Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status</p>		

ITEM	CODE	NO OF UNITS
<b>PIZZA BASES</b>		
<b>BARKAT</b>		
Brown Rice Pizza Crust 150g	(PIP Code: 259-2566)	½
White Rice Pizza Crust 150g	(PIP Code: 259-3051)	½
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>GLUTAFIN</b>		
Pizza Bases 300g (2 x 150g)	(PIP Code: 334-1112)	1
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUVELA</b>		
Pizza Bases (x 2 180g) 360g	(PIP Code: 265-4390)	1
See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>PASTA</b>		
<b>BARKAT</b>		
Animal Shapes 500g	(PIP Code: 339-4913)	2
Macaroni 500g	(PIP Code: 339-4921)	2
Spaghetti 500g	(PIP Code: 339-4947)	2
Spirals 500g	(PIP Code: 339-4939)	2
Shells 500g	(PIP Code: 392-6763)	2
Lasagne 250g	(PIP Code: 394-1937)	1
Gnocchi 250g	(PIP Code: 399-1577)	1
Alphabet Shapes 500g	(PIP Code: 339-4962)	2
Penne 250g	(PIP Code: 232-2873)	1
Tagliatelle 500g	(PIP Code: 339-4954)	2
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details.		
Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>BIALIMENTA</b>		
Tubetti 500g	(PIP Code: 351-1979)	2
Potato Gnocchi 500g	(PIP Code: 351-1961)	2
Potato Perle di Gnocchi 500g	(PIP Code: 351-1987)	2
Spirali /Spirals 500g	(PIP Code: 364-1073)	2
Penne 500g	(PIP Code: 364-1040)	2
Sagnette 500g	(PIP Code: 364-1065)	2
Acini di Pepe/Pasta Grains 500g	(PIP Code: 364-1057)	2
FormatiMisti/Variety Pack 3kg (2 x 500g Acini di Pepe, 2 x 500g Penne, 1x 500g Sagnette, 1 x 500g Spirali)	(PIP Code: 364-1438)	12
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details.		
<ul style="list-style-type: none"> <li>• Drossa can accept orders for single packs/smaller quantities between 500g – 2699g for a delivery cost of £4.25</li> <li>• Drossa can supply mixed flour &amp; pasta products, with free delivery, with a weight order of 2.7kg and above</li> <li>• For FormatiMisti/Variety pack which comprises of 6 x 500g packs (of x 4 different shapes) of pasta, 3kg is the minimum order</li> <li>• Aim to send out orders the first working day following receipt via courier delivery</li> </ul>		
<b>GLUTAFIN</b>		
Spirals 500g	(PIP Code: 211-5178)	2
Penne 500g	(PIP Code: 211-5152)	2
Long Cut Spaghetti 500g	(PIP Code: 211-5160)	2
Glutafin are Dr Schar products. See contact details.		
Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUEVELA</b>		
Fibre Penne 500g	(PIP Code: 332-8010)	2
Fusilli 500g	(PIP Code: 280-7980)	2
Fibre Linguine 500g	(PIP code: 332-8002)	2
Macaroni 500g	(PIP Code: 280-8004)	2
Spaghetti 500g	(PIP Code: 280-7998)	2
Tagliatelle 250g	(PIP Code: 319-3497)	1
Lasagne 250g	(PIP Code: 280-7972)	1
See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>• Juveela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>ORGRAN</b>		
Buckwheat Spirals 250g	(PIP Code: 288-1423)	1
Brown Rice Spirals 250g	(PIP Code: 200-4281)	1
Rice & Corn Lasagne 200g	(PIP Code: 270-7701)	1
Rice & Corn Macaroni 250g	(PIP Code: 273-4770)	1
Rice & Corn Spirals 250g	(PIP Code: 270-7669)	1
<p>Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:</p> <ul style="list-style-type: none"> <li>• For order less than 2kg, delivery charge of £3.95</li> <li>• For orders greater than 2kg, delivery charge of £6.95</li> <li>• Online orders over £40 in value or phone orders over £75 in value are free of postage charges</li> <li>• No minimum order</li> <li>• Orders normally processed within 3 working days</li> <li>• Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE &gt;1000g incurs a £13.75 delivery fee. Online orders to these postcodes, over £75 will receive a £6.95 reduction in postage costs</li> <li>• Delivery costs dependant on individual wholesaler. Available from AAH, Alliance and Phoenix</li> </ul>		
<b>RIZOPIA</b>		
Organic Brown Rice Fusilli 500g	(PIP Code: 340-0074)	2
Organic Brown Rice Spaghetti 500g	(PIP Code: 340-0090)	2
Organic Brown Rice Penne 500g	(PIP Code: 340-0082)	2
Organic Brown Rice Lasagne 375g	(PIP Code: 340-0108)	1½
<p>Rizopia products are distributed by PGR Health Foods Ltd. See contact details. Delivery costs to pharmacies:</p> <ul style="list-style-type: none"> <li>• Rizopia products are distributed by AAH, Alliance without any administrative or delivery charges</li> <li>• Not every wholesaler will stock full range.</li> <li>• Rizopia comes in cases of 12, so the minimum order if supplied directly from Rizopia is 8 cases (96 packs) per line.</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>CRACKERS &amp; CRISPbread</b>		
<b>BARKAT</b>		
Matzo Crackers Round 200g	(PIP Code: 337-8296)	1
Crackers 200g	(PIP Code: 342-7457)	1
Crispbread 150g	(PIP Code: 341-0420)	½
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>GLUTAFIN</b>		
Crackers 200g	(PIP Code: 009-3302)	1
Crisp Bread 150g	(PIP Code: 338-4443)	½
Mini Crackers 175g	(PIP Code: 353 5515)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUELA</b>		
Crispbread 200g	(PIP Code: 236-6136)	1
Savoury Biscuits 150g	(PIP Code: 310-7893)	½
See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>BAKING AIDS</b>		
<b>BARKAT</b>		
Xanthan Gum 80g	(PIP Code: 400-8074)	½
<p>Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details.</p> <p>Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status</p>		
<b>PURE</b>		
Xanthan Gum 100g	(PIP Code: 282-8572)	1
<p>Delivery costs to pharmacies: Pure products are distributed by AAH and Alliance without any administrative or delivery charges. See contact details.</p> <p>If ordered directly from the company the delivery charges are as follows:</p> <ul style="list-style-type: none"> <li>• Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52</li> <li>• Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60</li> <li>• Orders over £30 will incur no delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>BREAKFAST CEREAL</b>		
<b>BARKAT</b>		
Cornflakes 250g	(PIP Code: 339-4905)	1 ½
Porridge Flakes 500g	(PIP Code: 260-1888)	1 ½
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>GLUTAFIN</b>		
Fibre Flakes 300g	(PIP Code: 401-4288)	1 ½
Cornflakes 375g	(PIP Code: 381-3748)	1 ½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUVELA</b>		
Flakes 300g	(PIP Code 371-1652)	1 ½
Fibre Flakes 300g	(PIP Code 371-1660)	1 ½
Corn Flakes 375g	(PIP Code 388-2990)	1 ½
Crispy Rice 375g	(PIP Code 388-2982)	1 ½
Pure Oats 500g	(PIP Code 371-1678)	1 ½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> <li>• Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		



ITEM	CODE	NO OF UNITS
<b>SWEET BISCUITS</b>		
<b>BARKAT</b>		
Digestive Biscuits 175g	(PIP Code: 340-6030)	½
Barkat products are distributed by Gluten Free Foods Ltd. If ordering directly from Gluten Free foods minimum delivery fee of £6.50 applies. For orders over 1kg a delivery fee of a minimum £10.50 will apply. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status		
<b>GLUTAFIN</b>		
Digestive Biscuits 150g	(PIP Code: 017-0225)	½
Tea Biscuits 150g	(PIP Code: 018-5868)	½
Shortbread Biscuits 100g	(PIP Code: 316-7848)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUVELA</b>		
Digestive Biscuits 150g	(PIP Code: 210-0923)	½
Sweet Biscuits 150g	(PIP Code: 276-4959)	½
Tea Biscuits 150g	(PIP Code: 210-0915)	½
See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Juvela products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		

# GLUTEN FREE FOOD PRODUCT MANUFACTURERS

## CONTACT DETAILS

<p><b>DROSSA LTD</b> Tel: 020 3393 0859 Pharmacists go to: <a href="http://www.drossa.ltd.uk">www.drossa.ltd.uk</a> Consumer / Retail go to <a href="http://www.drossa.co.uk">www.drossa.co.uk</a> Email: <a href="mailto:enquiries@drossa.co.uk">enquiries@drossa.co.uk</a> Orders: <a href="mailto:orders@drossa.co.uk">orders@drossa.co.uk</a> <b>Brands – BIALIMENTA, FINAX, MUM'S MILL</b></p> <p><b>DR. Schär UK LTD</b> 401 Faraday Street, Birchwood Park, Warrington, WA3 6GA Tel: 0800 988 2470 Email: <a href="mailto:glutenfree@glutafin.co.uk">glutenfree@glutafin.co.uk</a> <a href="http://www.glutafin.co.uk">www.glutafin.co.uk</a> Tel: ordering 0844 854 4998, <a href="http://www.glutafin.co.uk/healthcare-professionals/glutafin-fresh-bread-ordering/">http://www.glutafin.co.uk/healthcare-professionals/glutafin-fresh-bread-ordering/</a> <b>Brands- GLUTAFIN</b></p> <p><b>GENIUS GLUTEN FREE</b> Genius Foods 22 Northumberland Street South West Lane Edinburgh EH3 6JD Tel: 0800 019 2736 <a href="http://www.geniusglutenfree.com">www.geniusglutenfree.com</a> <b>Brands – GENIUS</b></p> <p><b>GLUTEN FREE FOODS LTD</b> Unit 270 Centennial Park Centennial Avenue, Elstree Borehamwood Hertfordshire WD6 3SS Tel: 020 8953 4444 Fax: 020 8953 8285 Email: <a href="mailto:info@glutenfree-foods.co.uk">info@glutenfree-foods.co.uk</a> <a href="http://www.glutenfree-foods.co.uk">www.glutenfree-foods.co.uk</a> <b>Brands – BARKAT, HERON, TRITAMYL &amp; ENER-G</b></p> <p><b>HERO UK LTD trading as JUELA</b> 19 De Havilland Drive Liverpool L24 8RN Tel: 0800 783 1992 Email: <a href="mailto:info@juvela.co.uk">info@juvela.co.uk</a> <a href="http://www.juvela.co.uk">www.juvela.co.uk</a> <b>Brands – JUELA GLUTEN FREE</b></p> <p><b>INNOVATIVE SOLUTIONS UK LTD</b> Mayfield Centre Mayfield Street Rochdale OL16 2UZ Tel: 01706 746 713 Fax: 01706 341 357 Email: <a href="mailto:info@pureglutenfree.co.uk">info@pureglutenfree.co.uk</a> <a href="http://www.pureglutenfree.co.uk">www.pureglutenfree.co.uk</a> <b>Brands – INNOVATIVE SOLUTIONS, PURE</b></p>	<p><b>JUST: GLUTEN FREE BAKERY</b> Block 21 Unit 7 Motherwell Food Park ML4 3NP T: 01698 841559 E: <a href="mailto:info@justglutenfree.co.uk">info@justglutenfree.co.uk</a> <a href="http://www.justglutenfree.co.uk">www.justglutenfree.co.uk</a> Community pharmacy to order by email using all of the addresses below: <a href="mailto:admin@justglutenfree.co.uk">admin@justglutenfree.co.uk</a> <a href="mailto:ronnie@justglutenfree.co.uk">ronnie@justglutenfree.co.uk</a> <a href="mailto:ree.co.uk@justglutenfree.co.uk">ree.co.uk@justglutenfree.co.uk</a> <b>Brands – JUST</b></p> <p><b>NATURALLY GOOD FOOD LTD</b> The Haybarn, Newnham Ground, Kings Newnham Lane, Bretford, Rugby CV23 0JU Tel: 02476 541990 mail: <a href="mailto:orders@naturallygoodfood.co.uk">orders@naturallygoodfood.co.uk</a> <a href="http://www.naturallygoodfood.co.uk">www.naturallygoodfood.co.uk</a> <b>Brands – ORGRAN</b></p> <p><b>PGR HEALTH FOODS LTD</b> PO Box 214, Hertford SG14 2ZX Tel: 01992 581715 <a href="mailto:info@pgrhealthfoods.co.uk">info@pgrhealthfoods.co.uk</a> <a href="http://www.rizopia.co.uk">www.rizopia.co.uk</a> <b>Brands – RIZOPIA</b></p> <p><b>TOBIA TEFF</b> 67 Lilburne Walk London NW10 0TW Tel: 02070181210 Email: <a href="mailto:info@tobiateff.co.uk">info@tobiateff.co.uk</a> Orders by email only: <a href="mailto:sales@tobiateff.co.uk">sales@tobiateff.co.uk</a> <a href="http://www.tobiateff.co.uk">www.tobiateff.co.uk</a> <b>Brands – TOBIA TEFF</b></p> <p><b>ULTRAPHARM</b> Mamhilad Technology Park, Pontypool NP40JJ 0845 270 1400 Tel: 0845 270 1200 Email: <a href="mailto:info@ultrapharm.eu">info@ultrapharm.eu</a> <a href="http://www.ultrapharm.eu">www.ultrapharm.eu</a> Pharmacies to call Alliance Healthcare on 0844 8544 998 to place an order. <b>Brands- LIFESTYLE</b></p> <p><b>WARBURTONS</b> Hereford House Hereford Street Bolton BL1 8JB Tel: 0800 243684 <a href="http://www.newburnbakehouse.com">www.newburnbakehouse.com</a> <b>Brands- WARBURTONS</b></p>
--	--

**MAIN WHOLESALERS**

**ALLIANCE HEALTH CARE**

43 Cox Lane  
Chessington  
Surrey  
KT9 1SN  
Tel: 020 8391 2323  
Pharmacy Services Tel: 020 3044 8021  
Gluten Free Bread Team:0844 854 4998  
[information@alliance-healthcare.co.uk](mailto:information@alliance-healthcare.co.uk)

**AAH PHARMACEUTICALS**

204 Polmadie Road  
Glasgow  
G42 0PH  
Tel: 0141 423 5888  
Order line Tel: 0844 561 8899  
[enquiries@aah.co.uk](mailto:enquiries@aah.co.uk)

**PHOENIX HEALTHCARE DISTRIBUTION LTD**

Rivington Road  
Whitehouse Industrial Estate  
Runcorn  
Cheshire WA7 3DJ  
Tel: 01928 750500  
Fax: 01928 750750  
[www.myp-i-n.co.uk](http://www.myp-i-n.co.uk)